



## WOMEN TAKING SATIEREAL REPORT DECREASED HUNGER



### Satiereal® May Help:

- Decrease sugar cravings and hunger between meals
- Decrease compulsive snacking supporting steady weight loss
- Improve mood
- Published Study
- Patented

Satiereal® is a patented, clinically-studied satiety ingredient derived from saffron. The satiated feeling induced by Satiereal® encourages weight loss while eliminating frustration. This product has a unique mechanism that may support satiety by helping to avoid snacking and compulsive eating behaviors, which may, in turn, lead to reduction in weight and inches.

Satiereal® is derived from the flowers of saffron crocus, *Crocus sativus* L., which is cultivated throughout the Mediterranean region. Historically, saffron was prized as a culinary spice, colorant and dye, and as an herb. European and Middle Eastern cultures of antiquity used saffron to ease digestion of spicy foods and soothe irritated stomachs. Ancient Persians treasured saffron for treating depression. These medicinal uses are usually curtailed by saffron's high cost. However, Satiereal® is made from a special crocus cultivation rich in active saffron constituents, so it is a cost-effective solution to support healthy weight.



# SATIEREAL® HAS BEEN SHOWN TO DECREASE CRAVINGS AND HUNGER BETWEEN MEALS

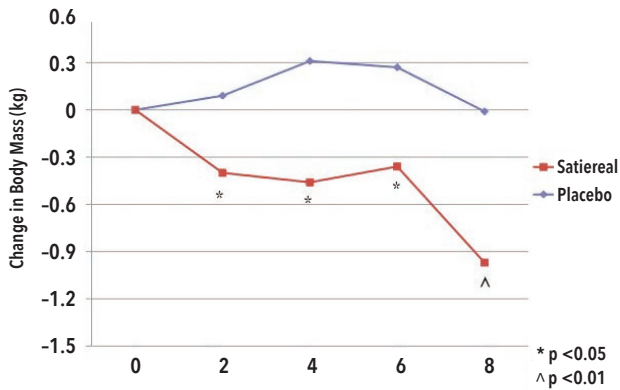


Many satiety ingredients act on physiological or hormonal factors to aid weight reduction. Satiereal® has been shown to act on serotonin, a neurotransmitter that plays a role in satiety and appetite.

## SATIEREAL® MAY:

- Improve emotional well-being
- Exert a satiating effect
- Decrease sugar cravings and hunger between meals
- Decrease compulsive snacking and support ongoing weight management

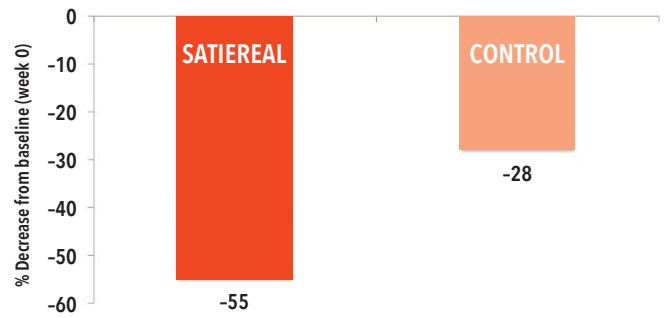
## SATIEREAL® AIDS IN WEIGHT LOSS



A double-blind placebo controlled study shows that Satiereal® may increase satiety, decrease hunger, reduce sugar cravings and reduce compulsive snacking between meals. Clinical studies have shown that women taking Satiereal® report decreased hunger. Weight loss has been demonstrated in women taking Satiereal®.

## RESULTS: DECREASE IN SNACKING

p = 0.012



The recommended daily dose of Satiereal® is 176.5mg, equivalent to 1.72 tsp. of saffron, enough for 14 servings of paella.

Satiereal® is GRAS as per 21 CFR 182.20 as extract of saffron and is backed by safety data. Satiereal® has a natural source that has been consumed safely as food for centuries in many cultures.



INOREAL



THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Contact PLT Health Solutions for samples and more information.  
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