

Enhanced mood, reduced fatigue, faster information processing and improved cognitive performance

Zynamite S Fast Facts

- Two new clinical trials
- Low 100 mg dose
- Efficacy as fast as 30 minutes[†]
- 25% improved information processing[†]
- 21% improvement in complex task handling[†]
- 4.7% improvement in selective attention[†]
- 24.1% improvement in mood[†]
- 26% reduction in fatigue[†]
- 30 minutes to significant reduction in tension[†]

Zynamite® S is a next generation patented, proprietary extract of *Mangifera indica* leaves, standardized to ≥60% mangiferin. Two clinical studies on Zynamite S show that it supports core components of "mental energy": improved cognitive performance, cognitive adaptability, enhanced mood, and reduced fatigue. These results are shown to occur within minutes to hours.

Zynamite S can help meet the growing demand for ingredients that can be formulated in energy, sports, hydration, and multiple-benefit drinks – as well as a range of other contemporary delivery systems. Neutral tasting and water-soluble, Zynamite S is designed for use in applications such as RTDs and shots, RTMs, gummies and sachets - where solubility, neutral taste, heat stability, and transparency in solution are key.



CLINICAL DEMONSTRATION OF MENTAL ENERGY

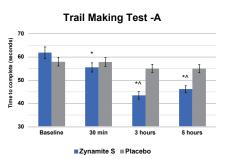
Zynamite S has been the subject of two clinical studies that examined various aspects of mental energy. In the most recent clinical study, 88 healthy university students were given a single dose of 100 mg Zynamite S or a matching placebo and then assessed three times over a 5-hour period. The study featured a randomized, double-blind, placebo-controlled crossover design with a 7-day washout between testing conditions. Assessments were performed at baseline, 30 minutes, 3 hours, and 5 hours.

Improved mood starting at 30 minutes

Zynamite subjects experienced improved mood starting at 30 minutes, with a 24.1% improvement in 5 hours in Total Mood Disturbances on the Profile of Mood States (POMS) tests.

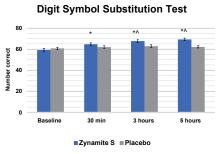
Faster information processing after one dose

A 25.4% improvement in processing speed was demonstrated by performance on Trail Making Test A $\,$



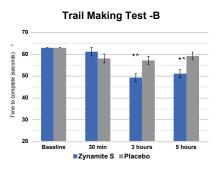
Improved attention and working memory

Subjects taking Zynamite S improved their performance on the Digit Substitution Test by 17% at 5 hours, with significant differences vs. placebo at 3 hours



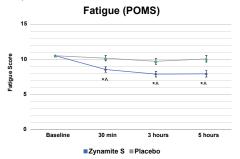
Improved mental flexibility after one dose

Subjects saw a greater than 21.1% improvement in the ability to handle complex tasks, as demonstrated by performance on Trail Making Test B



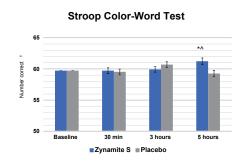
Reduced fatique in 30 minutes

Subjects taking Zynamite S experienced 26% less fatigue at the earliest measurement point.



Improved selective attention

Subjects taking Zynamite S improved 4.7% on the Stroop Color-Word Test



THERE IS ROOM FOR EXPERIENCE IN YOUR FORMULATION. LET US SHOW YOU THE DATA.

Studies on file. Contact us for more information at info@plthealth.com

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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